




# Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Burger Day</b> Choose from either a beef, chicken or Quorn burger served in a bun with sliced potatoes.	<b>Sausage and Mash</b> Choose from a butcher's quality sausage or a Quorn served on a bed of homemade mash with gravy.	<b>Chicken Fajita's</b> Strips of fresh chicken or Quorn marinated in herbs and spices and served on a tortilla wrap with savoury rice	<b>Roast Dinner</b> Choose from home roasted breast of turkey or a Quorn fillet served with roast potatoes, Yorkshire pudding and gravy.	<b>Fish &amp; Chips</b> Breaded cod fillet fingers, baked in the oven & served with chips.
<b>Served with</b>				
<b>Mixed Salad</b>	<b>Green Beans</b>	<b>Sweetcorn</b>	<b>Cabbage &amp; Carrots</b>	<b>Peas or Baked Beans</b>
<b>or</b>				
<b>Jacket potatoes &amp; Panini's</b> served with a side salad are also available daily – chooses from a variety of fillings cheese, tuna mayo, ham, turkey & baked beans (when available)				
<b>or</b>				
<b>Pasta &amp; Deli Bar - Available Everyday</b> Design your own sandwich or pasta pot, either choose your bread – wraps or assorted batch, then choose your filling a selection of the following will be available daily – ham, cheese, tuna, Chinese chicken, turkey, or choose pasta with a variety of toppings available and finally finish with a choice of salad – carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot and peppers.				
  				
<b>And for dessert</b>				
<b>Paris sandwich &amp; Custard</b>	<b>Iced sponge cake</b>	<b>Chocolate Brownie</b>	<b>Jelly &amp; Cream</b>	<b>Flapjack</b>
Fresh Fruit, Fruit Pots, Ice Cream, Yogurt or Cheese & Crackers are available everyday as an alternative to the daily dessert.				
<b>And finally a drink</b>				
<b>A selection of the following drinks will be available daily.</b> <b>Freshly made milkshakes – chocolate or strawberry, fresh fruit juice – apple, orange, or water.</b>				

# Week 2

Monday	Tuesday	Wednesday	Thursday	Friday
<b><i>Creamy Chicken Curry</i></b> Choose from fresh chicken pieces or Quorn pieces cooked with onions in a mild spiced sauce served on a bed of rice with Naan bread	<b><i>All Day Breakfast</i></b> A slice of bacon, sausage or a Quorn sausage served with scrambled eggs, baked beans, and a slice of brown bread.	<b><i>Pasta Bolognese</i></b> Choose from fresh minced beef or soya mince cooked with onions, garlic, tomatoes, and herbs, served on a bed of pasta.	<b><i>Roast Dinner</i></b> Choose from home roasted breast of turkey or a Quorn fillet served with roast potatoes, Yorkshire pudding and gravy.	<b><i>Fish &amp; Chips</i></b> Breaded cod fillet fingers, baked in the oven & served with chips.
<b>Served with</b>				
<b>Green beans</b>	<b>Chopped Tomatoes</b>	<b>Mixed Salad</b>	<b>Carrot and Swede or Cabbage</b>	<b>Peas or Baked Beans</b>
<b>or</b>				
<b><i>Jacket potatoes &amp; Panini's</i></b> served with a side salad are also available daily – chooses from a variety of fillings cheese, tuna mayo, ham, turkey & baked beans (when available)				
<b>or</b>				
<b><i>Pasta &amp; Deli Bar - Available Everyday</i></b> Design your own sandwich or pasta pot, either choose your bread – wraps or assorted batch, then choose your filling a selection of the following will be available daily – ham, cheese, tuna, Chinese chicken, turkey or choose pasta with a variety of toppings available and finally finish with a choice of salad – carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot and peppers.				
  				
<b>And for dessert</b>				
<b>Jam Sponge &amp; custard</b>	<b>Melting moments</b>	<b>Raspberry muffins</b>	<b>Jelly &amp; cream</b>	<b>Chocolate Cookie</b>
Fresh Fruit, Fruit Pots, Ice Cream, Yogurt or Cheese & Crackers are available everyday as an alternative to the daily dessert.				
<b>And, finally a drink</b>				
<b>A selection of the following drinks will be available daily.</b> <b>Freshly made milkshakes – chocolate or strawberry, fresh fruit juice – apple, orange, or water.</b>				

# Week 3

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Pizza Day</b> A selection of pizza. Choose from Cheese & Tomato, Ham & Pineapple or Pepperoni served with beans and sliced potatoes	<b>Smothered Chicken</b> Choose from a fresh chicken fillet or a Quorn fillet topped with BBQ sauce and cheese and baked in the oven and served with fresh potato wedges	<b>Meatballs</b> Choose from either Beef or Quorn meatballs served in a tomato & basil sauce with pasta	<b>Roast Dinner</b> Choose from either home roasted joint of gammon or a Quorn fillet, served with Yorkshire pudding, roast potatoes & gravy	<b>Fish &amp; Chips</b> Breaded cod fillet fingers, baked in the oven & served with chips
<b>Served with</b>				
<b>Mixed salad</b>	<b>Broccoli</b>	<b>Sweetcorn</b>	<b>Cauliflower &amp; Carrots</b>	<b>Peas and Baked Beans</b>
<b>or</b>				
<b>Jacket potatoes &amp; Panini's</b> served with a side salad are also available daily – chooses from a variety of fillings cheese, tuna mayo, ham, turkey & baked beans (when available)				
<b>or</b>				
<b>Pasta &amp; Deli Bar - Available Everyday</b> Design your own sandwich or pasta pot, either choose your bread – wraps or assorted batch, then choose your filling a selection of the following will be available daily – ham, cheese, tuna, Chinese chicken, turkey or choose pasta with a variety of toppings available and finally finish with a choice of salad – carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot and peppers.				
  				
<b>And for dessert</b>				
<b>Chocolate Cake with Chocolate Sauce</b>	<b>Choc chip cookies</b>	<b>Iced finger</b>	<b>Jelly &amp; Cream</b>	<b>Raspberry buns</b>
Fresh Fruit, Fruit Pots, Ice Cream, Yogurt or Cheese & Crackers are available everyday as an alternative to the daily dessert.				
<b>And finally, a drink</b>				
<b>A selection of the following drinks will be available daily.</b> <b>Freshly made milkshakes – chocolate or strawberry, fresh fruit juice – apple, orange, or water.</b>				