


Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Chicken supreme Choose from either Diced chicken and bacon or Quorn pieces, cooked with stock, garlic and cream served with rice and garlic bread.</p>	<p>Chilli nacho's Choose from either mince beef or Quorn cooked with onions, mild chilli, red peppers, and kidney beans topped with tortilla chips, cheese and served with rice.</p>	<p>Chicken pasta bake Fresh chicken or Quorn pieces and pasta spirals coated in a tomato and basil sauce, then topped with cheese and baked in the oven</p>	<p>Roast Dinner Choose from home roasted breast of turkey or a Quorn fillet served with roast potatoes, Yorkshire pudding and gravy.</p>	<p>Fish & Chips Breaded cod fillet fingers or Quorn nuggets baked in the oven & served with chips.</p>
Served with				
Mixed Salad	Green Beans	Sweetcorn	Cabbage & Carrots	Peas or Baked Beans
or				
<p>Jacket potatoes served with a side salad are also available daily – chooses from a variety of fillings cheese, tuna mayo, ham, turkey & baked beans (when available)</p>				
or				
<p>Pasta & Deli Bar - Available Everyday Design your own sandwich or pasta pot, either choose your bread – wraps or assorted batch, then choose your filling a selection of the following will be available daily – ham, cheese, tuna, Chinese chicken, turkey, or choose pasta with a variety of toppings available and finally finish with a choice of salad – carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot and peppers.</p>				
				
And for dessert				
Dessert of the day	Dessert of the day	Dessert of the day	Dessert of the day	Dessert of the day
Fresh Fruit, Fruit Pots, Ice Cream, Yogurt or Cheese & Crackers are available everyday as an alternative to the daily dessert.				
And finally a drink				
<p>A selection of the following drinks will be available daily. Freshly made milkshakes – chocolate or strawberry, fresh fruit juice – apple, orange, or water.</p>				

Week 2

Monday	Tuesday	Wednesday	Thursday	Friday
Mince & Mash Fresh mince beef or Quorn mince, cooked with onions, carrots, and stock, served with homemade mashed potatoes	Pasta Bolognaise Minced beef or Quorn mince cooked with onions, garlic, tomatoes, mushrooms, and herbs served on a bed of pasta	Creamy Chicken Curry Choose from fresh chicken pieces or Quorn pieces cooked with onions in a mild spiced sauce served on a bed of rice with Naan bread	Roast Dinner Choose from home roasted breast of turkey or a Quorn fillet served with roast potatoes, Yorkshire pudding and gravy.	Fish & Chips Breaded cod fillet fingers or Quorn nuggets baked in the oven & served with chips.
Served with				
Broccoli	Green beans	Peas	Carrot and Swede or Cabbage	Peas or Baked Beans
or				
Jacket potatoes served with a side salad are also available daily – chooses from a variety of fillings cheese, tuna mayo, ham, turkey & baked beans (when available)				
or				
Pasta & Deli Bar - Available Everyday Design your own sandwich or pasta pot, either choose your bread – wraps or assorted batch, then choose your filling a selection of the following will be available daily – ham, cheese, tuna, Chinese chicken, turkey or choose pasta with a variety of toppings available and finally finish with a choice of salad – carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot and peppers.				
				
And for dessert				
Dessert of the day	Dessert of the day	Dessert of the day	Dessert of the day	Dessert of the day
Fresh Fruit, Fruit Pots, Ice Cream, Yogurt or Cheese & Crackers are available everyday as an alternative to the daily dessert.				
And, finally a drink				
A selection of the following drinks will be available daily. Freshly made milkshakes – chocolate or strawberry, fresh fruit juice – apple, orange, or water.				